

## First Year Camper - Rank Requirements Completed at L.E. Phillips Scout Reservation

Totin' Chip (2C), Fireman Card, Patrols

Tenderfoot – 4A: Whip and Fuse.

Tenderfoot-4B: Double half hitch, taut line hitch. Demonstrate and explain their uses.

Tenderfoot-5: Explain rules for safe hiking on highway, cross-country, during the night and day. Explain what to do when lost.

Tenderfoot- 6: Demonstrate how to raise, lower, and fold the American flag.

Tenderfoot- 9: Buddy System.

Tenderfoot-11: Identify poisonous plants and tell how to treat for exposure.

Tenderfoot –12A: Demonstrate the Heimlich maneuver and tell when it used.

Tenderfoot -12B: Show first aid for the following: simple cuts and scratches, blisters on the hand and foot, minor burns or scalds, bites or stings of insects or ticks, poisonous snake bites, nosebleed, frostbite, and sunburn.

Second Class – Five mile hike completed.

Second Class – 1A: Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.

Second Class – 2E, 2F: When to use a cooking fire and stove, demonstrate how to light each.

Second Class – 5: Identify and show evidence of ten kinds of wild animals found in your community.

Second Class – 6A: Show what to do for “hurry cases” such as stopped breathing, serious bleeding, and internal poisoning.

Second Class – 6C: Demonstrate first aid for the following: object in the eye, bite of a suspected rabid animal, puncture wounds from a splinter, nail, and fishhook, serious burns, heat exhaustion, shock, heatstroke, dehydration, hypothermia, and hyperventilation.

- First Class – 1: Demonstrate how to find directions during the day and night without using a compass.
- First Class – 2: Using a compass, complete an orienteering course at least one mile long and requires measuring the height and/or width of designated items.
- First Class – 4D: Explain the procedures to follow in the safe handling of fresh meats, dairy products, eggs, vegetables, and other perishable foods; tell how to properly dispose of camp garbage, cans, plastic containers and other rubbish.
- First Class – 6: Identify or show evidence of at least ten kinds of native plants found in your community.
- First Class – 7A: Discuss when you should and should not use lashings.
- First Class – 7B: Demonstrate tying the timber hitch and clove hitch and their uses in the square, shear, and diagonal lashings by joining two poles together.
- First Class – 7C: Use lashings to make a useful camp gadget (fort).
- First Class – 8A: Demonstrate tying the bowline knot and tell how many ways it can be used.
- First Class – 8B: Demonstrate bandages for a sprained ankle and for injuries on the head, upper arm, and the collarbone.
- First Class – 8C: Show how to transport yourself and with another person, a person from a smoke-filled room and with a sprained ankle at least 25 yards.
- First Class – 8D: Tell the five most common signs of a heart attack; explain the steps in CPR.